

December - 2023

FITNESS WEEK

27-11-2023 TO 02-12-2023



various sports and fitness activities organized, such as -

- Fitness pledge (in the morning assembly)
- Debate (Topic - Which type of work out is for Teenagers)
- Essay writing (Topic - Sports are equally important as studies)
- Poster making
- Indigenous games (like kodiya, kuka, kancha, langadi, Aankh Micholi, Pagathiya)
- Yoga and Meditation

- * 7th December is observed as the Armed Forces Flag Day throughout the country to honour the martyrs and the men in uniform who valiantly fought & continue to fight on our borders to safeguard the country's honour.
- * It is the collective duty of every citizen of our country to make his/her unstinted and voluntary contribution towards providing care, support, rehabilitation and financial aid.
- * Every year, our staff and students donate some amount for this holy cause.
- * For the year 2022, school received trophy from collector office for highest donation in the city for Armed Forces.



